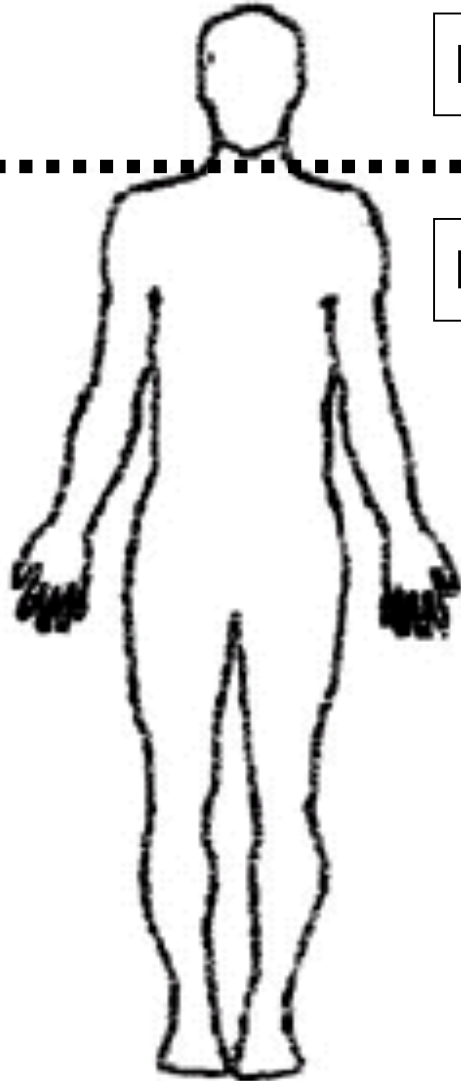


ECZEMA ACTION PLAN

** A moisturizer is extremely important. We recommend applying the moisturizer at least twice per day for any patient with eczema.*



FACE

BODY

AM

PM

AM

PM

CLEAR

MILD-MOD

SEVERE

	Moisturizer*	Moisturizer*	Moisturizer*
	Moisturizer*	Moisturizer*	Moisturizer*
	Moisturizer*	Moisturizer*	Moisturizer*
	Moisturizer*	Moisturizer*	Call your doctor if not improving after 2 weeks
	Moisturizer*	Moisturizer*	Moisturizer*
	Moisturizer*	Moisturizer*	Moisturizer*
	Moisturizer*	Moisturizer*	Call your doctor if not improving after 2 weeks

Always check with your doctor before starting or changing any medications or if there are any questions or concerns